



The PE and Sport Premium review and plan **Ingoldisthorpe Primary School**

Updated September 2023



Commissioned by



Department
for Education

Created by



At Ingoldisthorpe Primary school, it is our intent that pupils are provided with high quality teaching and nurturing in physical education, sport, wellbeing, health, and fitness. This is provided through exciting and challenging sports and games. Our aim is to nurture and develop the knowledge, skills, confidence, and competence of every child in PE so they can continue to excel throughout primary school and beyond. Our PE curriculum, following the National Curriculum objectives, is designed to enable all children to succeed and thrive in a range of sports and other demanding physical activities as well as learn through the subject of PE and cross-curricular links, how to be healthy, which includes exercise, diet, physical and mental-wellbeing, and hygiene.

In EYFS and KS1, they will learn the fundamentals of agility, balance and co-ordination and master basic movements in running, jumping, catching, and throwing. This progresses to sport specific, rules, tactics, and game situations for a range of sports in KS2. Pupils will learn about teamwork and collaboration, persistence and practice, fair play and rules, communication and respect and have the skills to evaluate their own and others' performances in PE. We want our pupils to demonstrate excellent sportsmanship. We believe these skills are essential to all aspects of life and children from this school, leave well-equipped to deal with challenges and situations as they grow.

OUR INTENT FOR PHYSICAL EDUCATION



Review of last year's spend and key achievements (2022/2023)

We recommend you start by reflecting on the impact of current provision and reviewing your previous spend.

Activity/Action	Impact	Comments
<p>Key indicator 1: The engagement of all pupils in regular physical activity during playtimes, lunchtimes and extra-curricular clubs – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school (extra to the national curriculum offer)</p>	<p>We have seen an increase in the uptake of pupils in extra curricular provision. After school clubs in football, netball, dance and cricket were well attended. The percentage of pupils undertaking clubs outside of school provision is high, an audit showed that 86% of pupils were part of some kind of club which involved physical activity. Clubs and sporting opportunities advertised to the school are passed on to parents via email and Dojo. We advocate links with local clubs and opportunities external to our school setting. Staff implement games and sports activities during lunch play and the sports leaders have led some extra-curricular activities during lunchtimes too.</p>	<p>School council well being survey (May 2023) pupils all fed back that they loved the PE and sport in the school. There is a good level of engagement in sports clubs.</p>
<p>Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement, impacted on mental health and wellbeing provision.</p>	<p>Forest schools and outdoor learning opportunities to be physically engaged in the school grounds, local wetland or Mount Amelia. Every class takes a weekly approach to outdoor learning and this is shared and celebrated on our Dojo pages and in assemblies. Cross-curricular with RSE/PSHE and discussion of physical activity on mental health and wellbeing. All classes given extra time to be physically active with Plan, Do, Review in KS1 and sensory breaks/Golden time in KS2. Additional sessions of team work and leadership games are added in good weather for classes where appropriate.</p>	<p>Weekly offsite outdoor learning opportunities are a distinctly unique curriculum offer for all pupils at the school. The children flourish through this provision and therefore develop a love of learning through the outside environment.</p>
<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport. CPD opportunities for staff.</p>	<p>In a staff teaching audit, all staff who teach PE acknowledged an increase in confidence in teaching PE. Staff have written new planning with new ideas and worked collaboratively. CPD opportunities included working with the WSSSP lead for our cluster,</p>	<p>Staff confidence in teaching PE has improved and some staff members who are more confident and have a broader</p>

<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils, which are well equipped and resourced</p> <p>Key indicator 5: Increased participation in competitive sport in school and outside of school (intra and inter competitions)</p>	<p>who delivered CPD lessons in tag rugby, cricket, boccia, gymnastics and netball. Additional training in Koboca (pupil voice tool). Online CPD opportunities included the of teaching football and engaging girl participation in the sport through the FA, LTA online training, England Rugby, OAA – orienteering.</p> <p>New equipment for all sports including footballs, football goals, target nets for goals, rugby balls, tennis rackets and tennis balls, badminton rackets, netballs and basketballs, basket balls posts with back boards, boccia sets, gym equipment including new floor mats, track and field athletics equipment, dodgeball. All new equipment ensures lessons are well resourced and equipment offers differentiation and inclusivity in lessons. Official dodgeball England set and boccia sets enable experience of new sports being taught in our curriculum offer.</p> <p>Intra school sporting events included multi skills, athletics, cross country and football. <u>All</u> pupils engaged in physical activity. Opportunities for leadership from the sports leaders. Increase in participation and achievement in inter-school competitions. Examples include medalists in cluster cross country, medalists in cluster cricket and participation in regional finals, 52+ medalists in cluster area sports, medalists in cluster netball and Croydon Cup football.</p>	<p>range of PE subject knowledge are able and willing to support less confident staff with delivering the PE curriculum.</p> <p>PE shed is well stocked with resources and pupils are able to access these during free time and at lunchtimes. Adults lead sporting games for the pupils during lunchtimes to encourage a wider range of sports and games knowledge.</p> <p>Participation and engagement in sporting activities across the school is good. Pupils have a drive to do their best and enjoy competition.</p>
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Key priorities and Planning

This planning template will allow schools to accurately plan their spending.

Action – what are you planning to do	Who does this action impact?	Key indicator to meet	Impacts and how sustainability will be achieved?	Cost linked to the action
WNSSP membership	All children	Key indicator 3 and 5	Wider opportunities for our students and links to further their sporting talents.	£90
Cluster sport membership to events and engage events, festivals, competitions	All children Y1-6	Key indicator 3, 4 and 5	All children Y1-6 to have opportunities to compete against/ with other schools, they have opportunities to evolve their knowledge and engage in new sport festivals. Supporting leadership and mental health through sport. CPD is also offered for staff while visiting coaches and specialist PE sports.	£3400
				Total £3490 (20% of our allocation)

<p>Additional swimming sessions for Y1-4, swimming for between 6 weeks to a term.</p>	<p>Swimming coaches, class teachers and HLTA with swimming qualifications. All children in KS1 and LKS2.</p>	<p>Key indicator 2 – additional swimming to help support and further our swimming capabilities and opportunities for our students.</p>	<p>Increased water confidence and proficiency in swimming strokes. To ensure 100% of our pupils meeting 25m expectation along with water safety.</p>	<p>£3450 costs for additional swimming tuition, travel and certificates for children Y1-4 additional to Y5/6.</p> <p>£3450 (20% of our allocation)</p>
<p>Football wider opportunities through the National League Trust.</p> <p>Additional sports coaching prior to the regional and quarter finals.</p>	<p>Year 5/6 football team</p>	<p>Key indicator 5 – wider opportunities to travel and compete in National championship.</p>	<p>Wider opportunities to compete against quality teams across the country. Experiencing competition beyond Norfolk into National level. Additional commitment and training to further their skill and represent our National League club.</p>	<p>£790 coach travel to Solihull, with supporters.</p> <p>£10 entrance fees</p> <p>£0 (staffing costs covered in staffing budget)</p> <p>£800 (5% of our allocation)</p>

<p>Specialist dance tuition and clubs, choreography and costumes for dance festival.</p>	<p>All pupils who sign up to the club and the festival. (All children have dance lessons with the specialist as part of the curriculum offer and this is funded via school budget)</p>	<p>Key indicator 1, 3, 4, and 5</p>	<p>To enable a large number (usually 25 students 17% of NOR to access dance clubs and dance festivals) To give children a specialist knowledge and skill base in dance with a excellently trained staff member who is passionate about dance, leadership and choreography.</p>	<p>£1200 (additional costumes, music, resources and specialist trained staff delivering dance as an extra-curricular subject)</p> <p>£1500 (9% of our allocation)</p>
<p>Additional coaches and wider clubs support for specialist PE related clubs</p>	<p>All pupils</p>	<p>Key indicator 1, 3, 4, and 5</p>	<p>To enable a wider access to multi sports, football, netball, cricket and extra sports including lacrosse/ To build confidence and skill across our students and to support their progression in the sports they enjoy – linking to outside clubs and agencies. Strong links have been gained with sports clubs and coaches outside of</p>	<p>£600 Football coach £360 Netball coach £0 multi skills coach (as covered by staff already in staffing budget)</p>

			school to benefit our students.	£960 (6% of our allocation)
Assessments revamp, curriculum updates and release time for scheme of work review. Application for sports mark and rising star award.	All children	Key indicator 1, 2, 3 and 4	For the PE assessments to be updated and correlated across the school, for the PE lead to be released for support meetings, CPD, training, sports awards submissions, and ensuring the lessons and resourced and schemes of work are fit for purpose. To ensure that our PE provision meets the needs of our learners and reaches the weekly physical goals we set, as well as supporting mental health and wellbeing in our school.	£400 (approximately 25 hours of release time for rewriting and evaluating the curriculum and assessment, cluster meeting time and award/ PE mark submission time) £400 (2% of our allocation)

<p>Lunchtime and playtime sport activities with lead teacher or TA. Resources and equipment used for children to support lesser able and inactive children in the school day. 30 minutes sport led time in each lunch break with a skilled adult, leading a planned activity.</p>	<p>All pupils – focusing on the less active members of the school</p>	<p>Key indicator 1</p>	<p>To enable all children to meet the daily guidance of 30 minutes as well as engaging them all in a range of sports and activities to support their progression, sporting talents and interests, while keeping them active and engaged.</p>	<p>£3400 (JH 1.5 hours per week, GV 1 hour per week, HM 2.5 hours per week, CH 2.5 hours per week)</p> <p>Additional resources to boost sports and equipment for playtimes £100</p> <p>£4800 (28% of our allocation)</p>
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Key achievements 2023-2024

This template will be completed at the end of the academic year and will showcase the key achievements schools have made with their Primary PE and sport premium spending.

Activity/Action	Impact	Comments
<p>WNSSP membership - Cluster sport membership to events and engage events, festivals, competitions.</p> <p>Additional swimming sessions for Y1-4, swimming for between 6 weeks to a term.</p>	<p>Children given opportunities in a range of SSP and cluster events. Engage events have been successful, targeting children with opportunities to engage in sport who do not normally compete or engage in extra-curricular physical activities.</p> <p>All pupils given the opportunity to be in the water. Most achieving Level 1 and 2 swimming awards. Additional teaching staff poolside means all children are in the water for the entire lesson.</p>	<p>Recent school council survey (9th May 2024, shows the children enjoy sport and feel confident in PE lessons and swimming. They reported enjoying swimming lessons from Y1.</p>
<p>Football wider opportunities through the National League Trust.</p> <p>Additional sports coaching prior to the regional and quarter finals.</p>	<p>Entering mixed-level tournament, pupils from both years 5 and 6 and a mix of boys and girls (Promoting girls' participation in the sport). Representing a national league club (King's Lynn Town FC). Progression to regional finals and North/South league finals. Competing against elite players of higher ability/ quality of football/ club level. Additional coaching to enhance skills and teamwork to progress further and compete at best ability.</p>	<p>Children were able to enter this competition for the first time and with support from staff and parents were able to make the quarter finals.</p>
<p>Specialist dance tuition and clubs, choreography, and costumes for dance festival.</p>	<p>17% of school participation in dance club. Large dance group to perform at SSP Dance festival. Costumes and props purchased to fit with motif/theme.</p>	<p>Massive uptake from Year R -Y6 (25 children) for dance club and over 15 children I this years festival. Children given opportunities during the school week and extra-curricular time to choreograph and practice the routine.</p>

<p>Additional coaches and wider clubs support for specialist PE related clubs.</p> <p>Assessments revamp, curriculum updates and release time for scheme of work review. Application for sports mark and rising star award.</p> <p>Lunchtime and playtime sport activities with lead teacher or TA. Resources and equipment used for children to support lesser able and inactive children in the school day. 30 minutes sport led time in each lunch break with a skilled adult, leading a planned activity.</p>	<p>Additional coaches in football and netball. Impact has included medalists or finalists in competitive events in both football and netball. Multi skills, lacrosse, and other sports during lunch breaks.</p> <p>Progressive outcomes/assessments for EYFS, Key stage 1 and KS2, give clear focus for lesson planning. Gold Sports mark and Gold in KS1 Rising Starts award.</p> <p>Greater number of children accessing physical activity during break times. Teachers/TA lead activities and sports. Pupils targeted have included pupils identified from Koboca, pupil voice.</p>	<p>Taster sessions in archery undertaken this year</p> <p>First time festival attendance for rugby festival which was very successful and will continue next year.</p> <p>Wide variety of provisions and games available during the school week lunchtimes provided by skilled staff members. Children also have free choice of some activities including volleyball and tennis – weather and space permitting.</p> <p>Pupil voice has been valuable to staff to see the impact and understanding of PE lessons.</p>
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Swimming Data

Meeting National Curriculum requirements for swimming and water safety.

Priority should always be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the National Curriculum programme of study

<u>Question</u>	<u>Stats:</u>	<u>Further context</u> <u>Relative to local challenges</u>
What percentage of your current Year 6 cohort can swim competently, confidently and proficiently over a distance of at least 25 metres?	94%	1 child able to move in the water for 25m and knows a range of strokes but would not be proficient at swimming. The child has had additional support, small group tuition and been swimming with us since Y2 but continues to struggle although she is now confident and able to travel in the water accurately over a distance of over 25m.
What percentage of your current Year 6 cohort can use a range of strokes effectively [for example, front crawl, backstroke, and breaststroke]?	100%	All children can use all strokes and are able to travel on their front and back.

<p>What percentage of your current Year 6 cohort are able to perform safe self-rescue in different water-based situations?</p>	<p>100%</p>	<p>All children have water safety and water rescue lessons during our curriculum offer in Y5/6. They are able to perform self-rescue and a land-based rescue for the poolside. All children have been trained to use rescue items including bottles, floats and a rescue buoy.</p>
<p>If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide additional top-up sessions for those pupils that did not meet National Curriculum requirements after the completion of core lessons. Have you done this?</p>	<p>Yes</p>	<p>To better support all of our children, we have input swimming from Y1-Y4 additional to our core offer of swimming for Y5/6. All classes in school swim for 1 term and in this time the children are able to hone their skills and become proficient swimmers by year 6. We also work with our local swimming coaches to provide additional challenge and levels for our swimmers to achieve well beyond the 25m expectation.</p>
<p>Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety?</p>	<p>Yes We would look to add additional training in 2024/25 to upskill more staff in swimming teaching.</p>	<p>Teaching staff have accompanied our HLTA (who is able to teach 10 swimmers up to 1m) and worked alongside her and our swimming coach to understand how to teach swimming. We have worked with our swimming coach to establish rules, ways to teach and guidance on how to get the best from our children. This has been hugely beneficial to staff and to the children to support them.</p>

Signed off by:

Head Teacher:	Sean Wright (Up to April 2024) Julia Norman (currently)
Subject Leader or the individual responsible for the Primary PE and sport premium:	Anthony Gachowicz, PE lead and senior teacher working with Julia Norman (previously with Sean Wright during budget setting)
Governor:	Andrew Nicoll – Vice Chair of Governors
Date:	30.4.2024